

The Colin Morath Memorial Trophy

Position	Club	'Countback' Total		% Change
		Race 3 21-22	Race 3 22-23	
1	Valley Striders	7158	4408	38.4
2	Rothwell Harriers	12129	9276	23.5
3	York Tri Club	19068	14655	23.1
4	Kirkstall Harriers	13675	11173	18.3
5	St Theresa's AC	11623	9714	16.4
6	Wharfedale Harriers	12659	10728	15.3
7	Airecentre Pacers	11609	9879	14.9
8	Nidd Valley Road Runners	11467	10313	10.1
9	Wetherby Runners	15747	14780	6.1
10	Ilkley Harriers	11805	11506	2.5
11	Bradford Airedale AC	18427	19889	-7.9
12	York Postal Harriers	10791	12224	-13.3
13	Ackworth Road Runners	14236	16175	-13.6
14	Eccleshill Road Runners	21602	24606	-13.9
15	Harrogate Harriers	7512	8775	-16.8
16	Kippax Harriers	12011	14224	-18.4
17	Knaresborough Striders	15345	18224	-18.8
18	Dragons RC	18332	21971	-19.9
19	Abbey Runners	7062	8609	-21.9
20	Saltaire Striders	9110	11292	-23.9
21	Horsforth Harriers	10173	12661	-24.5
22	Roundhay Runners	5641	7050	-25.0
23	Hyde Park Harriers	5660	7624	-34.7
24	Chapel Allerton Runners	7598	10662	-40.3